







	ELBRUS 8	ELBRUS 8	ELBRUS 8	ELBRUS 8	ELBRUS 8	ELBRUS 8		
	facility	distance from start	distance from last point	ascent from start	acsent from from last point	leader time	time limit from start	time limit
START	START 9:00							
FINISH	     	8	8	500	500	0:40	4:00	13:00

-  start
-  finish
-  first aid kit
-  time limit
-  mobile or satellite communication
-  food
-  hot food
-  spare bag

