

	ULTRA	ULTRA	ULTRA	ULTRA	ULTRA	ULTRA	ULTRA	ULTRA
	facility	distance from start	distance from last point	ascent from start	ascent from from last point	leader time	time limit from start	time limit
START	5:00							
LAKE SYLTRAN		10,5	10,5	1800	1800	1:45		
PASS SYLTRAN		12,2	1,7	2080	280	2:10		
DOWNHILL		15	2,8	2080	0	2:25		
REFRESHMENT POINT1		18,2	3,2	2080	0	2:35	6:00	11:00
PASS TCHATKARA		28	9,8	3310	1230	4:20		
REFRESHMENT POINT2		33,8	5,8	3460	150	5:10		
PASS SYARYKAUSH		35,4	1,6	4080	620	6:00		
REFRESHMENT POINT1		41,6	6,2	4100	20	6:40		
FINISH		56,9	15,3	4440	340	7:50	17:00	22:00

- start
- finish
- first aid kit
- time limit
- mobile or satellite communication
- food
- hot food
- spare bag

