

	ULTRA	ULTRA	ULTRA	ULTRA	ULTRA	ULTRA	ULTRA	ULTRA
	facility	distance from start	distance from last point	ascent from start	ascent from from last point	leader time	time limit from start	time limit
START	5:00							
LAKE SYLTRAN		10,5	10,5	1730	1730	1:45		
PASS SYLTRAN		12,2	1,7	1980	250	2:10		
DOWNHILL		15	2,8	1990	10	2:25		
REFRESHMENT POINT1		18,2	3,2	2000	10	2:35	6:00	11:00
PASS TCHATKARA		28	9,8	3230	1230	4:20		
REFRESHMENT POINT2		33,8	5,8	3390	160	5:10		
PASS SYARYKAUSH		35,4	1,6	4010	620	6:00		
REFRESHMENT POINT1		41,6	6,2	4030	20	6:40		
FINISH		56,8	15,2	4370	340	7:50	19:00	24:00

- start
- finish
- first aid kit
- time limit
- mobile or satellite communication
- food
- hot food
- spare bag

