

	ELBRUS 8	ELBRUS 8	ELBRUS 8	ELBRUS 8	ELBRUS 8	ELBRUS 8		
	facility	distance from start	distance from last point	ascent from start	ascent from from last point	leader time	time limit from start	time limit
START	9:00							
FINISH		7,7	7,7	500	500	0:40	4:00	13:00

- start
- finish
- first aid kit
- time limit
- mobile or satellite communication
- food
- hot food
- spare bag

